



Carrot, Celery and Beet Juice

SERVINGS: 1

PREPPING TIME: 15 MIN

COOKING TIME: NONE

Ingredients

½ Beet

4 Carrots

3 Stalks of Celery

1 Small nub of Ginger

*Organic is best!

Directions

1. Juice all together in a juicer.
2. Drink fresh and enjoy!
3. Refrigerate any leftovers.